

In 2026, can you run ...

1. in a MITR race (or just run the course)	2. and stop to sled down a hill	3. a dozen MITR Mondays	4. while wearing a ridiculous hat	5. with a non-MITR run club
6. to get to a non-running event	7. up a set of bleachers	8. and stop to salute ≥ 3 snow plows	9. at midnight	10. across an athletic field being actively used
11. at least twice a week for 10 weeks in a row	12. In temps $\geq 80^{\circ}\text{F}$	free run	14. and take a picture of something that made you laugh	15. more than 2000' of elevation gain in one week
16. a route that crosses over itself ≥ 5 times	17. and get into ankle-deep mud	18. before/after volunteering at a running event	19. with an old friend	20. and see a deer
21. a MITR "adventure run"	22. and get a truck to honk at you	23. with a new friend	24. a route that makes a picture	25. a route with a water crossing that involves swimming

Rules:

To play – Go for a run that fulfills the condition described in any square above. Satisfy five squares in a row (horizontal, vertical, or diagonal) to win! OR go for blackout and satisfy all of the squares! Except for the three shaded squares, any single run may only satisfy one square. Except where explicitly noted, a run must be at least a 5k to satisfy a square.

To play FOR PRIZES – Register (\$20) at marshislandtrailrunners.org/bingo and enter Strava links as evidence for each square you've completed. Those who get Bingo or Blackout will be entered into a drawing for the following prizes (blackout winners are entered for both):

Bingo Prizes

- Free registration for a 2027 MITR race
- A free "bee costume" for the Millinocket MITR costume
- Drink for free at MITR Monday for a month in 2027
- A MITR sticker of your choice

Blackout Prizes

- Free registration for all 2027 MITR races
- A free "bee costume" for the Millinocket MITR costume for you and a friend
- Drink for free at MITR Mondays in 2027
- MITR clothing swag

